



Keep informed on your journey through education, training and work

Finished education and looking for a job?

Your work coach at **your local Jobcentre** can help you find a job or gain new skills and tell you about disability-friendly employers in your area.

Intensive Personalised Employment Support

Intensive Personalised Employment Support is one-to-one support and training to help you into work if you have **a disability** that affects the work you can do.

You'll get a dedicated support worker to help you:

- identify what work you're able to do
- match your skills to work that's available
- get training to help you find work
- build a personal support network
- manage work around your specific disability
- support you during your first 6 months of work

You'll usually get Intensive Personalised Employment Support for 15 months. You can get an additional 6 months of on-the-job support if you find employment.

How to apply:

Ask your work coach if you're eligible or **go to your local Jobcentre Plus** and ask to speak to a work coach about Intensive Personalised Employment Support.

<https://www.gov.uk/intensive-personalised-employment-support>

Inquiry: The transition from education to employment for young disabled people



"Disabled people are more likely to be unemployed or economically inactive than non-disabled people. And they face many barriers to entering the workplace, particularly for the first time." **Baroness Morris of Yardley**

The **Public Services Committee** has launched a new call for evidence for its new inquiry: **The transition from education to employment for young disabled people.**

The Committee will be scrutinising how disabled young people transition into work from higher or further education and what challenges and barriers they face in doing so.

The Committee would like to hear from young disabled people, carers, public services employers and organisations and businesses.

The Committee has produced the call for written evidence in multiple formats to ensure that it is accessible to as many people as possible. This includes Easy Read, audio, and British Sign language. Please use whichever you wish.

- **Call for evidence**
- **Call for evidence Easy Read**
- **Call for evidence British Sign Language**
- **Call for evidence Audio**

Topics the Committee is exploring include:

- The support available for young disabled people and how effectively education systems provide careers advice, guidance and support to meet the needs and career aspirations of young disabled people.
- The accessibility of careers in public services to young disabled people when they are first entering the job market: the Committee will ask for examples of good and poor practice in recruitment.
- How effective are government programmes which support or encourage employers to employ disabled people, particularly young disabled people? Does this differ by condition or disability? How could they be improved?
- How effectively are the rights of disabled people upheld and enforced in the workplace? What barriers do young disabled people face in accessing the support (including legal support) that they need and are entitled to? How could enforcement mechanisms be improved?

To discuss your needs, you can email the Committee staff

at: **HLPublicservices@parliament.uk** or call us on 020 7219 6154 (Text relay: 18001 0207 219 6154).

Deadline for submissions:

You should send us your evidence through our website by:

Thursday 21 September 2023

Ambitious About Autism online course: Understanding You, Discovering You

Do you have an autism diagnosis and aged between 16-25?

Would you like to know more about autism and where to find support?

Do you want to understand your own autistic identity in a supportive space with other young people?

Ambitious about Autism's **Youth Network** and professionals have co-designed a new six-week online course to help you understand autism, explore your autistic identity, develop goals, and equip you with resources, in a guided peer support group.

You will take part in online sessions with a small group of other autistic young people, led by Ambitious about Autism staff.

Understanding You, Discovering You | Ambitious about Autism

Are you a careers leader or teacher?

Ensure your students can access independent careers advice!

Meet regional universities, top UK employers and training providers face-to-face.

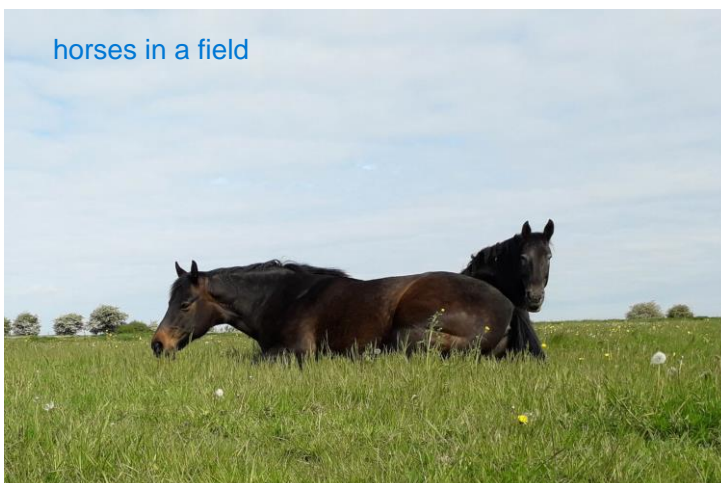
Book your FREE school, sixth form & college student places now!

Come along to a National Apprenticeship & Education Event near you and meet top UK employers, universities and training providers from your region and get face-to-face advice on apprenticeships and other career paths.

By the end of the event visitors are better informed about degree level apprenticeships at university and intermediate apprenticeships when leaving school or college. Those who make the most of the event leave inspired about their future.

- National Apprenticeship and Education Event Central
Birmingham Millennium Point, Tuesday 3rd October 2023, 9am - 3pm
- National Apprenticeship and Education Event South
London Saracens StoneX Stadium, Tuesday 10th October 2023, 9am - 3pm
- National Apprenticeship and Education Event North
Manchester The Etihad, Tuesday 19th March 2024, 9am - 3pm

We urge you to book soon as capacity is limited.



Time to Talk Next Steps is registering new young people now!

We're currently registering young people aged 16-25 with additional needs onto our free online support and self-advocacy programme.

This life changing online programme is currently open for new referrals.

Our experienced teamwork with young people across England to provide virtual one to one support to build confidence and help navigate life's challenges.

We work without labels. Young people don't need to have a diagnosis or Education Health and Care Plan. We also provide support to parents and carers through our partnership with Contact.

We welcome direct requests from parents, carers and professionals and always ask that young people are aware of a request made on their behalf. If you know a young person who would benefit get in touch.

Time to Talk Next Steps - NDTi

Youth Employment Toolkit



‘Youth Futures Foundation, the What Works Centre for youth employment, recently launched the world’s first Youth Employment Toolkit that presents the global evidence on seven key interventions that support young people facing disadvantage into employment. It’s free, online and easy to use.

The Toolkit is designed for policymakers, employers and practitioners who need a good quality evidence resource when making decisions about what works to improve youth employment outcomes.’



For your diaries

DR UK/DAN

15th September at 12:30pm – 1pm

Virtual event hosted by the Disabled Apprentice Network (DAN) for Association of Apprentices (AoA) members about support available for Disabled apprentices.

19th September – 12:00- 13:00

Virtual DR UK event. Discussion with a member of the Disabled Apprentice Network (DAN) who will talk about her experiences and some of the solutions for making apprenticeships inclusive.

Email: dsu@disabilityrightsuk.org to book your place

Events coming up from Norwich CfE

September

20th, Inclusive approaches for our Maths and English for Post 16 learners. In this webinar, City College Norwich share their approaches to Maths & English in SEND. How they assess starting points to improve accuracy of level and support, their approaches to resits, exam access arrangements, normal ways of working, exemption and their buddy system. 13:30 – 14:30

22nd, The British Inspiration Trust's annual BRIT Challenge to support and improve the mental health, fitness, and wellbeing, of your community. Join City College Norwich and Phil Packer, the Founder & Non-Paid CEO of BRIT to show how the BRIT Challenge can develop employability skills of learners through the use of enterprise challenges and teamwork enhancing activities. 10:00 – 11:00

October

11th, Inclusive approaches for our Maths and English for Post 16 learners. In this webinar, City College Norwich share their effective inclusive practice of how they support learners with Maths & English, including initial assessments, strategies to integrate inclusive learning and English and maths to ensure greater collaboration between delivery staff to benefit learners. 14:00 – 15:30

17th, Supporting learners with autism to enable great outcomes. In this webinar, City College Norwich share their effective Phoenix Purple transition programme and how we support learners' with autism to flourish at college and beyond.. 10:00 – 11:00

November

15th, University is an option for learners with SEND. In this webinar, hear about learner readiness to university, City College Norwich share their effective approaches and what Ofsted said after their recent inspection. You will hear from industry experts and from some of our alumni learners with SEND and autism who have achieved outstanding outcomes. 13:30 – 15:00

December

5th, Ticket to employment programme. In this webinar, hear about City College Norwich's employment pathway, our intent rational which led to the introduction to our TICKET to employment programme and how we have adapted over time to meet sector needs. 13:30 – 15:00

Your stories

Get Ahead shares the unique talents and stories of young people who are doing apprenticeships, traineeships, supported internships, work experience or have done something special they want to share.

You too can get involved! Send your story to Getahead@disabilityrightsuk.org

Danielle

Daniella outside Greendale farm shop

I work at Greendale Farm Shop

What I do at my work placement

I didn't really know what I wanted to do when I came to Oakwood College. KC my (Tutor) helped me explore my current skills and knowledge and I decided to try out retail and customer service because I wanted to try something new.



I work every Wednesday, 10am-1.30pm. I stock up shelves and work very hard . I check the date and make sure the food is right way round. I use a pricing gun to price the food. I am very careful when I stock the shelves to make sure I do not drop or break anything . The different food I put out is cakes, biscuits, tea, coffee and eggs.

What I like about it is an ostrich call Oscar, café, shop, fish, deli, bakers and butcher.

I would like to continue working at Greendale and try more things like using the tills, the café and work with the animals.

What I have learnt at my placement

- I have learnt how to stock the shelves and rotate the stock and make sure the food is not out of date.
- I am learning how to be better at customer service. I smile and say good morning, please and thank you.
- I need to remember not to shout and use my inside voice.



pictures of Daniella working



This is Oscar he is my friend.



"I am a great advocate for non-speaking people. Non-speaking does not mean non- intelligent."

My love of horses

For this edition I would like to share with you my love of the most beautiful creatures – horses.

I am in awe of the friendly creatures who I am blessed to share the world with, I first got on a horse when I was only 7. I was taken to a stable with my school where I saw that these were incredible, pleasing creatures who had no assumptions of me. What a joyful realisation!

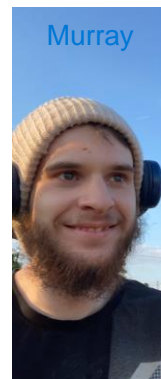
I am blessed with luck in having Horses Helping People (a therapeutic horsemanship centre based in Mentmore) as my friend. The wild environment calms and regulates me and just being in the atmosphere of the horses is where I feel a gentle blast of acceptance. I readily sit silently near the horses and that is enough to make me feel that I am me, and I am enough.

I admit that at first, I was panicked in the passion of riding, but the amazing, understanding creature that I first set eyes on, Buddy, took my fears away as I sat upright and learned to move with the horse's long pleasant breaths.

Question how these animals, so magnificent, understand someone like me? They have a loving, quiet presence and they too are yearning to please. Horses leave an immense love of life in me. I forget that I am weary of being different and pining for the world to fit in with my differences.

Never wonder if a horse understands you. They do indeed.

I dedicate my writing this month to Amee a beautiful kindly horse who helped me so much.



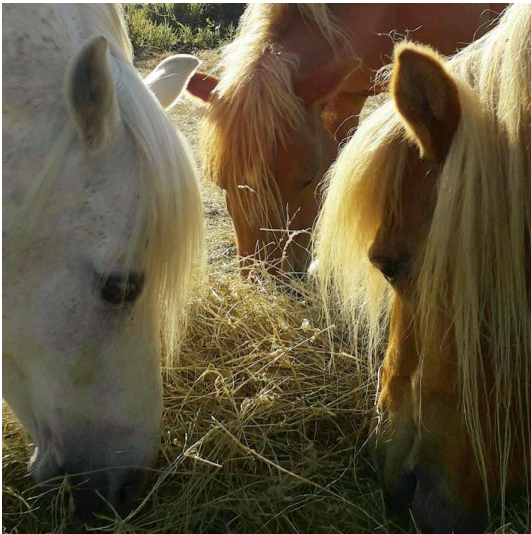
two horses in a field



Amee (white horse)
and Louis



pictures of horses



horse running in a field



Disabled Apprentice Network



Are you doing an apprenticeship or recently finished your apprenticeship, then join us and become part of our leadership group.

The Disabled Apprentice Network (DAN) brings together Disabled apprentices and those who have finished their apprenticeship.

The Network is a lively and friendly forum for Disabled apprentices, to share their experiences and to offer views and proposals on what could improve apprenticeships for Disabled people.

Watch DAN members talk about their apprenticeships on the **DAN video** and on Tik Tok **@DisRightsUK**

To join the group contact: **rabia.lemahieu@disabilityrightsuk.org**

Association of Apprentices (AoA)

The Disabled Apprentice Network has a platform on the **Association of Apprentices** website. To join, register with AoA and go to AoA Connect or use this **Link to DAN**

Helpline for students, apprentices and trainees

Disability Rights UK runs a **Disabled Students Helpline** which offers information and advice to disabled students, apprentices and trainees by phone and email on a range of topics including:

- applying to college, university and apprenticeships
- telling people about your disability
- financial assistance
- adjustments for disabled students and apprentices
- rights in post -16 education and training under the Equality Act 2010
- how to resolve any disagreements.

The helpline supports disabled students, apprentices, parents and carers and professionals supporting disabled students aged over 16 in England.

- Opening hours: 11am-1pm on Tuesdays and Thursdays.
- Telephone: 0330 995 0414
- Email: **students@disabilityrightsuk.org**

Information on student finance and funding from DR UK

Listen to our Education Officer Rundip Thind speak about student finance and funding on Tik Tok **@DisRightsUK** and our podcast.

You can listen to the podcast to find out more about our work on this website.

Contact Us



Email: getahead@disabilityrightsuk.org



Twitter: [@GetAheadDRUK](https://twitter.com/GetAheadDRUK)



Instagram: [@GetAheadDRUK](https://www.instagram.com/GetAheadDRUK)



Videos: [YouTube](https://www.youtube.com/GetAheadDRUK)



Tik Tok: [@DisRightsUK](https://www.tiktok.com/@DisRightsUK)

Get Ahead

[Get Ahead webpage](#)



[DR UK website](#)

We like to hear from you!

Give us your feedback and contact:

Getahead@disabilityrightsuk.org

For a text-only or large-print version of the Get Ahead newsletter:

email: getahead@disabilityrightsuk.org

Access the Get Ahead newsletters and magazines on our [Get Ahead webpage](#)

To join the Get Ahead mailing list, go to the [Get Ahead webpage](#)

Disability Rights UK

We are Disabled people leading change, and the voice of young Disabled people has to be central to that change.

DISABILITY RIGHTS HANDBOOK

Edition 48
April 2023 - April 2024

A guide to benefits and services
for all disabled people, their families,
carers and advisers



image of Disability Rights handbook