Thanks for coming

- Key stakeholders in a room together
- Need your skills knowledge and expertise to make this project happen
- Share our learning with you
- Mark the beginning of this project
The partnership
**Project aims**

- Influence and work with national and local stakeholders
- Strengthen partnerships
- More people on personal budgets getting active
- Work with sports providers
- Work with health and social care professionals
Our outcomes

Disabled people

Sports providers

Health and social care professionals
Breaking down barriers

One in five people in England have an impairment - around 9.4 million disabled people. (Census 2011)

Seven in ten disabled people want to do more sport. (EFDS Lifestyle Report)

Seven in ten disabled people have not taken part in any physical activity in the last month compared to five in ten (48%) non-disabled people. (Sport England APS8)

Six in ten disabled people claim that either not knowing about opportunities or a lack of available activities is what prevents them from taking part. (EFDS Lifestyle Report)

Psychological barriers play the biggest role in preventing disabled people from taking part in sport. Their perception of their own abilities matters as well as others’ opinions on whether the activity suits them. (EFDS Barriers to Participation Report)

English Federation of Disability Sport
Get Yourself Active
@GetYourselfActive
Promoting choice and control

At least two thirds of respondents said their personal budget had made things better or a lot better in 11 of the 15 areas of life we asked about:

- Paid relationships
- Mental health
- Friendships
- Dignity in support
- Family relationships
- Independence
- Quality of life
- Self-esteem
- Feeling safe
- Control over life
- Arranging support
Promoting choice and control

Personal budget holders who used their budget for personal assistants or community-based solutions were more likely to report better outcomes than those who used their budget on traditional services.

In five of the nine areas asked about (support, quality of life, home, happy and relaxed, fit and healthy) at least 80% said that things were better or a lot better for their children.
We want to work together

**Involve**: Involve us in relevant research that you are part of

**Inform**: Inform us about national and local initiatives and projects

**Share**: Share knowledge of good practice

**Promote**: Promote our work across your networks
What you’ll get out of it

- Being part of an innovative and pioneering project
- Knowledge and evidence of how personal budgets can be used for physical activity and sport, the benefits, the barriers etc
- Benefit from new ideas about increasing participation
- Hear about ways in which we have brokered partnerships and working relationships across health, social care and sport