

Cheshire Centre for Independent Living

Get Yourself Active project

WHO ARE CCIL?

- **Formed in 1992**
- **User led organisation driven by the needs and aspirations of disabled people**
- **Registered Charity and Limited Company**

Ambitions through this project

- **To strengthen the relationship between CCIL (and other support services) with the sport and leisure sector.**
- **To be confident when signposting disabled people to activities and leisure centres, they will receive a good customer service.**
- **A culture where sport and leisure is implemented in support plans for residents across Cheshire**

What we have achieved so far

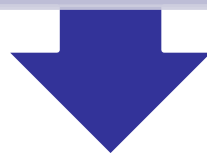
- Engaged with commissioners introducing the idea of PHB/DPs being spent on sport and leisure activities.
- Introduced the idea of IFI accreditation to leisure organisations operating in Cheshire West and Cheshire East.
- Supported disabled people from local day care centres into sporting opportunities.
- Consulted to understand what people want and the barriers stopping them accessing local activities.
- Advising clubs and leisure centres to be more inclusive around promotion and physical accessibility

Supporting sporting organisations



Contact

Introduced the concept of Get Yourself Active



Support

Attended North West Regional Disability Tennis Network Forum



Implementation

CCIL training will be implemented Disability Tennis Network 2016 plans and CCIL will continue to represent DPULO's at this forum.

Partnership working



Consultation: Our findings to date

Barriers

- Knowledge of the activities
- Ability to spend DPs and PHBs on sport and leisure.
- Confidence in service received.

Structure

- Flexible
- 2 hours maximum
- Activities that have an element of socialising

Activities

- Respondents expressed swimming, dance, cricket and cycling to be the activities they would like to access.

Key strategic partners



Who are Active Cheshire?

- Formed in 1989- formerly known as Sport Cheshire
- Mandated by  **SPORT ENGLAND**
- Strategic body for Sport and physical activity in the Sub region
- Charity and limited Company



What do we do?

- Active Cheshire's main aim is to get 50,000 more people, more active, more often by 2017
- We invest approximately £500k annually
- We are not just about **SPORT!**
- We work with:



The partnership

- Front of house training for leisure staff
- Training for clubs, groups and private operators
- Mystery shopping
- Consultation
- Portal Testing
- Personal Budgets membership

Thank you for listening.