

Programme Schedule and Mentor Training Dates for DRUK LAP Cohort 2023

Mentor Training Dates and Commitments

- A full day of mentor training will be held: 16 January 2023 (10.00-16.00)
- A half day (pm) group supervision session: 4 May 2023 (12.00-17.00)
- Provide a total of eight one-hour sessions according to the programme schedule below
- Attend the Delegates' Graduation: 7 September 2023 (13.00-17.00) 4-hour session
- You will be expected to alumni events to provide ongoing support and commitment to the programme and your mentee.

These commitments are a mandatory requirement for undertaking the role, so before applying please ensure that you are available to attend on those dates. **Please note:** If you are an existing mentor the only mandatory date that applies is the half-day supervision training; the full day of mentor training is optional if you want to refresh your training.

Programme Schedule

Module sessions dates and times are shown so that you know when your mentee will be training. Your 1-hour mentoring sessions take place between training sessions. For example, you should have your first hour of mentoring after 23 February and before 9 March 2023.

| TRAINING | | | | | MENTORING | |
|------------|-----------|-------------|-------------|-------|-----------------------|----------|
| Module | Session | Date (2023) | Time | Hours | Mentoring Sessions | Duration |
| | | | | | Chemistry Call | |
| One | 1 | 9 Feb | 13.00-15.00 | 2 | | |
| | 2 | 23 Feb | 13.00-15.00 | 2 | | |
| | | | | | Session one | 1 hour |
| Two | 3 | 9 March | 13.00-15.00 | 2 | | |
| | 4 | 23 March | 13.00-15.00 | 2 | | |
| | | | | | Session two | 1 hour |
| | 5 | 6 April | 13:00-15.00 | 2 | | |
| | 6 | 20 April | 13:00-15.00 | 2 | | |
| | | | | | Session three | 1 hour |
| Three | 7 | 11 May | 13:00-15.00 | 2 | | |
| | 8 | 25 May | 13.00-15.00 | 2 | | |
| | | | | | Session four | 1 hour |
| Four | 9 | 8 June | 13.00-15.00 | 2 | | |
| | 10 | 22 June | 13.00-15.00 | 2 | | |
| | | | | | Session five | 1 hour |
| | 11 | 6 July | 13.00-15.00 | 2 | | |
| | 12 | 13 July | 13.00-15.00 | 2 | | |
| | | | | | Session six | 1 hour |
| | 13 | 20 July | 13.00-15.00 | 2 | | |
| | | | | | Session seven | 1 hour |
| Graduation | | 7 Sept | 13.00-17.00 | 4 | | |
| | | | | | Session eight | 1 hour |